



**DEPARTMENT OF THE AIR FORCE
AIR FORCE RESERVE COMMAND
READINESS MANAGEMENT GROUP**

MEMORANDUM FOR HQ RMG/SG

FROM: Category B/E Reservist

SUBJECT: Participation Notification for Pregnancy and Waiver Request Beyond the 34th Week

1. While pregnant, you may participate in a restricted AD status until your 34th week of pregnancy. With approval below, you may also volunteer to participate in IDT status from the 34th week of pregnancy to term, provided your home is located within 50 miles of the IDT location, you, AD Commander, Program Manager, RMG/SG, and obstetric care provider all support the decision for continued participation.
2. A military physician may restrict you from Reserve participation at any time.
3. You must provide a letter from your obstetric care provider summarizing your current health, physical restrictions and expected date of delivery to RMG/SG.
4. A periodic medical progress report from your private physician will be required every 60 days or more if needed to determine continued fitness for military duties. This report must be forwarded to your PM and RMG/SG for an evaluation to remain on orders.
5. For military duty away from home station, a statement from your private physician, accomplished within 30 days of departure, must be submitted through RMG/SG for approval of travel (valid only up to the 34th week of pregnancy).
6. The letter from your private physician must include potential or actual medical complications, restrictions regarding physical activities, approval for travel, or any other facts deemed relevant to your care.
8. Should you go into labor while on IDT, you will be transferred to a civilian medical facility as soon as it is safe to do so, and you will incur any medical costs associated with delivery at the medical treatment facility. Pregnancy is not considered to be a medical condition for the purposes of a LOD determination. (AFRCI 41-104, AFMAN 36-8001)
9. After delivery and when cleared by your obstetric care provider you must provide that documentation for evaluation by RMG/SG to be cleared for return to military duty.

Member's Printed Name, Signature & Date

AD Commander Signature & Date

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PM Printed Name, Signature & Date

If member requests IDT participation past 34th week of Pregnancy must include letter from OB provider for review by the office listed below:

Approved/Disapproved _____

RMG/SG Military Provider