



In this issue:

- Fitness, pg 2
- vRED update, pg 2
- RMG UPAR program, pg 2
- Travel voucher fraud, pg 2
- Requesting ABUs, pg 3
- Course announcements, pg 3
- News briefs, pg 3
- 1095, pg 4
- Updated detachment listing, pg 4

Editorial Staff

Col. Nancy Robinson
RMG Commander

Lt. Col. Gwyn Poock
Managing Editor

1st Lt. Randi Norton
Editor

Editorial Policy

The *RMG Chronicle* is published monthly by RMG public affairs.

This Air Force newsletter is an authorized publication for members of the U.S. military services. Contents of the *RMG Chronicle* are not necessarily the official views of, or endorsed by, the U.S. Government, the Department of Defense or the Department of the Air Force.

The editorial content is edited, prepared and provided by RMG public affairs. All photos are Air Force photos, unless otherwise indicated. The deadline for all editorial submissions is noon the 15th of the month.

Public affairs can be contacted at DSN 497-2419, Comm (478) 327-2419, or by email at: rmg.pa@afrc.af.mil.

Courage under fire

Reservist awarded medal for actions during enemy attack on convoy

By 1st Lt. Randi Norton
Editor, RMG Chronicle

On Jan. 25, 2008, Tech. Sgt. Gary Barrow, an Individual Mobilization Augmentee assigned to the 1st Special Operations Security Forces Squadron, Hurlburt Field, Fla, was awarded the Combat Action Medal for bravery during convoy operations in Iraq in July 2006.

The Combat Action Medal may be awarded to members of the Air Force who come under direct and hostile fire while operating in unsecured space, outside a defended perimeter, or who personally engage hostile force with direct and lethal fire.

On July 18, 2006, Sergeant Barrow was a gun

truck commander for the fifth vehicle in a convoy for the 557th Expeditionary RED HORSE Squadron's Combat Logistics Patrol Flight. The twelve-vehicle convoy was transporting construction materials and personnel from Forward Operating Base Marez in Mosul, to FOB Heider on the Syrian border, in support of facility upgrade projects for Coalition Forces and Iraqi Army units.

As the convoy passed a marketplace and village southeast of Rabiah, Iraq, an enemy improvised explosive device detonated on the second vehicle. Sergeant Barrow immediately instructed his gun truck crew to scan the



Tech. Sgt. Gary Barrow on the job during convoy operations. Sergeant Barrow's actions on two separate attacks earned him the Combat Action Medal. *Courtesy photo*

area for potential triggermen as well as secondary IED threats. Within seconds, he spotted three men who jumped from a ditch and fled the scene. He radioed this information to the convoy commander and continued to keep vigilant watch.

After establishing secu-

rity for the halted convoy, Sergeant Barrow's crew and a gun truck were dispatched to the marketplace to locate and detain the potential triggermen. Sergeant Barrow's meticulous search led to the apprehension of five sus-

Continued on page 3

Commander board assembles end of April

By Lt. Col. Gwyn Poock
Managing Editor, RMG Chronicle

Some Reserve officers will soon receive notification of their eligibility to meet the 2008 Reserve Command Screening Board, which convenes Apr. 28 at Headquarters Air Reserve Personnel Command.

The RCSB will nominate eligible Reserve Line of the Air Force officers for consideration for wing commander, vice wing commander, operations group commander, maintenance group commander, and support group commander positions. With the exception of some group commander positions, the vacancies for these positions will be filled from this list of nominees. Final approval authority for placement of officers into command positions remains with the Commander and Vice Commander of Air Force Reserve Command.

All eligible officers will receive a memo from ARPC, advising them to

review their Officer Pre-selection Briefs, and explaining how to fix any errors they might find. Officers will not need to take any other action unless they do not want to be considered for nomination. The ARPC memo will explain how to submit a letter of declination, for those who do not want to be considered.

The Apr. 28 RCSB, which is identified as board ID D0608A, will consider colonels and colonel selects who are Air Reserve Technicians, Individual Mobilization Augmentees, traditional Reservists, Active Guard Reserve, or assigned to the Participating Individual Ready Reserve. They must have a mandatory separation date of Apr. 28, 2010 or later. In some cases, it may be necessary for senior leaders to consider available lieutenant colonel resources to fill group commander positions, even though lieutenant colonels are not part of the RCSB process. Final approval authority for

placement of officers into these colonel positions still remains with the AFRC commander and vice commander.

In order to be considered for wing commander, vice wing commander or operations group commander positions, officers must have one of the following Air Force Specialty Codes: 11XX, 12XX, 13AX, 13BX, or 13SX. To be considered for maintenance group commander positions, officers must have AFSCs in either 20XX or 21XX. To be considered for support group commander positions, officers can have any line officer AFSC. They must have commander experience, higher headquarters experience, and experience in the support mission areas needed by the position.

Results of the RCSB will be released around the middle of June. For more information on the RCSB, contact your base IMA administrator or program manager.

Get your story told

By 1st Lt. Randi Norton
Editor, RMG Chronicle

Individual Mobilization Augmentees are all over the world, in every career field, doing great things for the Air Force. But do you ever hear about it?

The Readiness Management Group is looking to change that by establishing a unit public affairs representative program -- a group of people to act as a conduit between the RMG public affairs team and the Individual Reservists (IMAs and Category E Reservists) in each detachment.

The UPAR acts as a point of contact for public affairs but also notifies public affairs of story ideas showcasing our IRs. The UPAR doesn't need to be in the public affairs career field, just someone willing to help spread the word about the great work our IRs are doing.

If this is something you're interested in, contact RMG public affairs at DSN 497-2419 or e-mail rmg.pa@afrc.af.mil.

We need your help to tell the story of our hardworking IRs!

Fit to fight: it's a lifestyle

By 1st Lt. Randi Norton
Editor, RMG Chronicle

Push-ups, sit-ups, the mile-and-a-half run and a waist measurement are all part of the Air Force physical fitness assessment which is required every year. However, fitness isn't a once-a-year milestone. It's part of keeping fit to fight throughout the year.

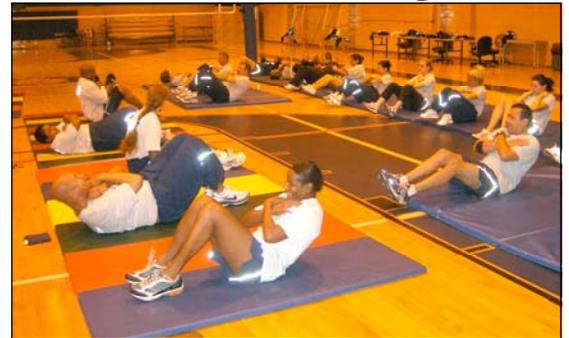
"Fitness is a response to maintaining a constant state of readiness," said Tech. Sgt. Justin Ivie, Readiness Management Group unit fitness program manager. "Fitness is a mindset, attitude and lifestyle."

All Individual Reservists (Individual Mobilization Augmentees and Category E Reservists) should coordinate their annual fitness assessment through their active duty unit. To take the fitness assessment, Reservists must be in some type of

official duty status, which includes any type of active duty orders or inactive duty training. Category E Reservists can take their assessment during a non-paid, points-only IDT, but it must be in conjunction with other duty.

If an IR fails a fitness assessment, by scoring less than 75 points, the program manager can restrict both military and Reserve personnel appropriation man-day tours. A failure doesn't prevent an IR from deploying, though it's highly recommended to have a current fitness assessment prior to a deployment.

"As part of staying fit to fight, [members] should have an exercise regimen of at least 30 minutes of aerobic activity three days a week," said Sergeant Ivie. "Also, having a proper diet and limiting smoking and alcohol use



Members of the Headquarters Readiness Management Group participating in unit physical training. Photo by 1st Lt. Randi Norton

will promote a healthy lifestyle."

Sergeant Ivie recommends preparing for a fitness assessment at least three months in advance. But, by making fitness a year-round priority, members can stay ready for the assessment at any time.

Members on active duty orders can get fitness and diet assistance from the health and wellness center. An exercise physiolo-

gist, who can provide a fitness program, nutrition counseling and smoking cessation classes, is available at every active duty base.

"Physical fitness is an important part of readiness," said Sergeant Ivie. "By making it a priority, you will continue to remain fit to fight."

For more information, contact your unit fitness monitor or local HAWC.

Travel TDY, not to jail

Filing a fraudulent voucher can result in fines or prison

By Lt. Col. Thomas Pyle
RMG Staff Judge Advocate

On Dec. 20, 1937, then Senator Harry Truman delivered an extraordinary speech about the state of avarice in our country saying: "We worship money instead of honor."

There is no difference, in my mind, between a barracks thief and someone who will steal from their employer. We aren't talking about claiming something and then being denied. We are talking about false and fraudulent claims: forged rent receipts; claiming expenses that never occurred; forging signatures on vouchers; claiming for travel that was never authorized in the first place.

When you sign a fraudulent voucher, you are making a false claim against the United States, punishable

by up to five years confinement, a fine of up to \$5,000 or both. It is a crime and may lead to military or civilian prosecution. It may also lead to a wide range of adverse administrative actions: letters of reprimand; demotions; officer grade determinations, etc. However, it is not just the crime that is offensive; it is the lack of integrity. Careers have been ruined over this very issue.

"Careers have been ruined over this very issue."

Travel is one of the great things about the Air Force, but the rules can get complicated. If you are into that sort of thing and have the time, the DoD Financial Management Regulation is an interesting read.

As always, if you have questions, please contact your base Individual Mobilization Augmentee administrator, program manager or the IMA Travel Office for assistance.

Remember, it's your integrity on the line.

Update vRED by Apr. 15

By Maj. Gen. Allan Poulin
Air Force Reserve Command Vice Commander

It is an annual requirement for all Air Force members to review and update their virtual record of emergency data, or Department of Defense Form 93.

To date, records indicate that approximately 38,000 Air Force Reserve members have not completed this annual requirement. All Reservists must ensure this information is updated and have a current vRED on file no later than Apr. 15. This can be done by logging on to the virtual military personnel flight through the Air Force Portal at <https://www.my.af.mil/faf/FAF/fafHome.jsp> to review and update as necessary.

Whether information has changed or not, members are required to click the submit button to complete the update and to ensure a current vRED is documented on file.

Contact your program manager or your base Individual Mobilization Augmentee administrator if you have questions.

Getting your new uniform

By 1st. Lt Randi Norton
Editor, RMG Chronicle

You're starting to see them everywhere. A few people from your unit have them. Everyone who's deploying has them. The new Air Battle Uniforms are making their way into the Air Force and will be mandatory by 2011.

So how does one go about getting the ABU?

As with any other uniform, officers purchase them at their own expense. Reserve officers who have performed more than 90 days of consecutive active duty are authorized a \$200 clothing

allowance once an Air Force Form 1969 is submitted to their Reserve pay office.

Enlisted Individual Reservists (Individual Mobilization Augmentees and Category E Reservists) should fill out an Air Force Form 656 Clothing Request and Receipt to request ABUs.

"They (IRs) fill out the personal information and notate the items needed," said Theresa Thomas, Readiness Management Group uniform program manager. "They must also get their unit commander's signature before forwarding on the form to

me."

The form should be e-mailed to Mrs. Thomas at theresa.thomas@afrc.af.mil or faxed to DSN 497-2294, Comm (478)327-2294.

Once the form is received, Mrs. Thomas will assign it a control number and send it back to the IR with a letter of instruction. Both form and letter are required when picking up the ABUs at military clothing sales stores.

When filling out the Form 656, there are a few things to keep in mind. The form is valid until Sept. 15 of the current fiscal year, and can be

used only once, meaning all the items must be purchased at the same time. If the military clothing sales store is unable to provide all the items on the form, a new one must be completed when the missing items become available. Only authorized items are funded by the form. Any additional items must be purchased at the member's expense.

"A modified form (Air Force Form 656) is available from me upon request. This form already has all the authorized ABU items listed as well as the physical fitness uniform, which can be

crossed off if it's not needed," said Mrs. Thomas. "Anyone who wants this modified form can call or e-mail me and I'll send them a copy."

Those who have received Battle Dress Uniforms in the last three years are not eligible for ABUs unless they are deploying or are in a special duty assignment that requires ABUs.

For more information, contact your program manager, base IMA administrator or Mrs. Thomas at DSN 497-2294, Comm (478) 327-2294 or e-mail theresa.thomas@afrc.af.mil.

Airman's courage

Continued from page 1

pected insurgents, two of whom tested positive for explosive residue on their hands.

"He reacted the way he was supposed to," said Master Sgt. Adam Schluer, assistant director of operations, 6th Special Operations Squadron, Hurlburt Field, Fla. "He took charge and didn't hesitate when we had to grab the guys and detain them."

Sergeant Barrow's courage doesn't stop there. During another convoy which came under enemy

fire, Sergeant Barrow quickly positioned his gun truck to return fire. This suppressed the enemy and allowed the convoy to move through the hostile zone with no injuries.

"He was very controlled, showing physical courage and calm decision making," said Sergeant Schluer. "He kept a bad situation from getting worse."

"He has a positive attitude and is a great leader. He's very deserving of this recognition," said Sergeant Schluer.



Tech. Sgt. Gary Barrow takes time out from running convoy duty to visit with local Iraqi children. *Courtesy photo*

Applicants wanted for the following courses:

Reserve Component National Security Course will be held Jul. 14-25 in Washington D.C.

Applications are due to the RMG by Apr. 18. Contact your program manager or base Individual Mobilization Augmentee administrator for detachment deadline and application instructions.

Junior Officer Leadership Development Course will be held Jun. 26-29 at Patrick Air Force Base, Fla., 920th Rescue Wing.

Applications must reach the Readiness Management Group by May 1. Contact your program manager or base Individual Mobilization Augmentee administrator for detachment deadline and application instructions.

International Junior Officer Leadership Development Course will be held in Lenk, Switzerland Aug. 16-23.

Applications must reach the Readiness Management Group by May 31. Contact your program manager or base Individual Mobilization Augmentee administrator for detachment deadline and application instructions.

News Briefs

IMA Travel

Travel voucher summaries that were emailed from the IMA travel office the week of Mar. 10 had an incorrect message, stating that members could no longer email their travel claims for processing. This was in error and the statement has been removed. Members may still submit their travel claims via e-mail to ima-travel@dobbins.af.mil or fax to DSN 497-0625, Comm (478) 327-0625.

RPO Call Center

The Readiness Management Group Reserve Pay Office has set up a call center from 6 a.m. to 6 p.m., Monday through Friday. For questions or concerns regarding pay or leave call DSN 497-2334, Comm (478) 327-2334, fax DSN 497-1830, Comm (478) 327-1830 or e-mail RMG/RPO@afrc.af.mil.

Annual Training

All Individual Mobilization Augmentees need to have their annual training entered in the Air Force Reserve Orders Writing System by May 31. IMAs are not required to have ATs performed by that date; just entered in the system.

For more information contact your program manager or base IMA administrator.

Check out the IMA Hot Topics CoP, located in Air Force Knowledge Now (<https://afkm.wpafb.af.mil/ASPs/CoP/OpenCoP.asp?Filter=RC-OT-00-03>), for information on PBD 720, IMA vacancies, AROWS and the Air Expeditionary Force volunteer process.

Some Reservists face limit on man-day tour

By Master Sgt. Chance Babin

Air Force Reserve Command Public Affairs

Later this year hundreds of reservists could reach the limit on the number of man-days they can serve in Air Force Reserve Command.

Three and one half years ago, reservists through the rank of colonel received permission to serve up to 1,095 man-days of the previous 1,460 days in a rolling four-year calendar.

Before Oct. 28, 2004, they couldn't work more than 179 days in a given year without an approved waiver.

Dr. David S. C. Chu, under secretary of defense for personnel and readiness, said the Department of Defense and congress-

sional staffers worked together to develop the 1,095-day provision. He said it eliminates one of the biggest "impediments to effective reserve force use and total force integration – the '180-day rule.'"

The program encourages reservists to volunteer and makes service more predictable for them, their families and their employers.

"Now, a waiver is not required until a member has reached 1,095 days, which helps streamline the waiver process," said Ed Turner, a technician in the readiness operations branch of the directorate of manpower and person-

nel, Headquarters AFRC. "We have numerous volunteers and we want to encourage volunteerism."

Before the 2005 National Defense Authorization Act made the program law, the Air Force would have to take volunteers off active duty if their tours crossed fiscal years so they would not count against the Regular Air Force end strength. This process did not guarantee that there would be funds the next fiscal year to pay the reservists.

Since the law has been in effect less than four years, no reservists will be affected by the program's restrictions until October 2008. Mr. Turner said potentially 2,000 reservists on Military Personnel

Appropriation man-day orders or Reserve Personnel Appropriation man-day orders will reach or exceed 1,095 days by September 2008. He expects that number to grow in the future.

"This program affects the whole gamut of career fields," he said, "but the majority of those affected come from security forces, operations, and maintenance."

Although all MPA man-days, except mobilized days, count toward the 1,095 rule, there are exceptions for reservists on RPA orders.

RPA man-days that count against the 1,095 rule are active duty for operational support, active duty for training for other

commanders or due to reimbursable funds, and funeral honors duty.

RPA man-days exempt from the rule are annual tours, initial active duty for training, ADT for own commander and non-reimbursable funds, and Active Guard Reserve duty.

If a reservist reaches 1,095 days in a 1,460-day period, a waiver is required to work beyond the 1,095 days. Waivers for MPA and RPA man-days are approved by the secretary of the Air Force for manpower and reserve affairs.

Mr. Turner said the timeline for the Air Force to tell people about the results of this round of waivers is June 2008.

Updated RMG Detachment Listing

Headquarters RMG

Warner Robins, Ga.
DSN 497-2285/2286
Comm (478) 327-2285

Det 1 - Defense Agencies/ AFRC/JoInt

Warner Robins, Ga.
DSN 497-2275
Comm (478) 327-2275

DCMA IMAA

DSN 328-0754
Comm (703) 428-0754

DLA IMAA

DSN 427-5317
Comm (703) 767-5317

USJFCOM IMAA

DSN 836-6004
Comm (757) 836-6004

Det 2 - AMC

Scott AFB, Ill.
DSN 779-7919
Comm (618) 229-7919

MacDill BIMAA

DSN 968-2277
Comm (813) 828-2277

McGuire BIMAA

DSN 650-3565
Comm (609) 754-3565
Also serves Dover AFB

Scott BIMAA

DSN 576-4264
Comm (618) 256-4264

Travis BIMAA

DSN 837-2462
Comm (707) 424-2462
Also serves Fairchild AFB, McChord AFB, McClellan AFB and Onizuka AFS

Det 3 - AFSOC

Hurlburt Field, Fla.
DSN 579-2820
Comm (850) 884-2820

Hurlburt Field BIMAA

DSN 579-5200
Comm (850) 884-5200

Det 4 - AFSPC

Peterson AFB, Colo.
DSN 692-2615
Comm (719) 554-2615

F.E. Warren BIMAA

DSN 481-3786
Comm (307) 773-3786
Also serves Malmstrom AFB

Patrick BIMAA

DSN 854-2872
Comm (321) 494-2872

Peterson BIMAA

DSN 834-7526
Comm (719) 556-7526
Also serves Buckley AFB, Schriever AFB, Cheyenne Mountain, DFAS and HQ ARPC

Vandenberg BIMAA

DSN 276-4820
Comm (806) 606-4820

Det 5 - OSI

Andrews AFB, M.D.
DSN 857-0866
Comm (240) 857-7443

Det 6 - IN

Bolling AFB, D.C.
DSN 754-1270
Comm (202) 404-1270

Det 7 - AETC

Randolph AFB, Texas
DSN 487-2562
Comm (210) 652-2562

Keesler BIMAA

DSN 597-2476
Comm (228) 377-2476
Also serves Columbus AFB

Lackland BIMAA

DSN 473-5204
Comm (210) 671-5204
Also serves Kelly Annex and Laughlin AFB

Luke BIMAA

DSN 896-7316
Comm (623) 856-5367

Maxwell BIMAA

DSN 493-8756
Comm (334) 953-0160
Also serves Moody AFB

Randolph BIMAA

DSN 487-4347
Comm (210) 652-4347
Also serves Brooks City-Base, Ft. Sam Houston and Goodfellow AFB

Sheppard BIMAA

DSN 736-6521
Comm (940) 676-6521
Also serves Altus AFB and Dyess AFB

Det 8 - ACC

Langley AFB, VA
DSN 574-5101
Comm (757) 764-5101

Barksdale BIMAA

DSN 781-2118
Comm (318) 456-2118
Also serves Little Rock AFB

Davis-Monthan BIMAA

DSN 228-6183
Comm (520) 228-6183

Ellsworth BIMAA

DSN 675-6280
Comm (605) 385-6280
Also serves Grand Forks AFB and Minot AFB

Langley BIMAA

DSN 574-5433
Comm (757) 764-5433

Offutt BIMAA

DSN 271-7262
Comm (402) 294-7262
Also serves Whiteman AFB

Seymour-Johnson BIMAA

DSN 722-4002
Comm (919) 722-4002
Also serves Pope AFB

Shaw BIMAA

DSN 965-1589
Comm (803) 895-1589
Also serves Charleston AFB

Nellis BIMAA

DSN 682-5208
Comm (702) 652-5208
Also serves Beale AFB

Tyndall BIMAA

DSN 523-2036
Comm (850) 283-2036

Det 9 - USAFE

Ramstein AB, Germany
DSN 314-480-6178
Comm 011-49-637-147-6178

Ramstein BIMAA

DSN 314-480-2815
Comm 011-49-637-147-2815
Also serves Aviano AB, Incirlik AB, Lajes Field, RAF Lakenheath, RAF Mildenhall, Spangdahlem AB and Stuttgart

Det 10 - PACAF

Hickam AFB, Hawaii
DSN 315-449-0582
Comm (808) 449-0584

Hickam BIMAA

DSN 315-449-0588
Comm (808) 449-0588
Also serves Alaska, Korea, Japan, Guam and Yokota

Det 11 - AFDW/11 WG

Arlington, Va.
DSN 425-0774
Comm (703) 588-0774

Andrews BIMAA

DSN 858-2538
Comm (301) 981-2538

Bolling BIMAA

DSN 754-3257
Comm (202) 404-3257

Pentagon BIMAA

DSN 227-2563
Comm (703) 697-2563

Fort Meade BIMAA

DSN 622-0846
Comm (301) 677-0846

Det 12 - AFMC

Wright-Patterson AFB, Ohio
DSN 787-0376
Comm (937) 257-0376

Edwards BIMAA

DSN 527-3327
Comm (661) 277-3327

Eglin BIMAA

DSN 872-8900
Comm (850) 882-8900
Also serves Hurlburt Field and Tyndall AFB

Hill BIMAA

DSN 777-3502
Comm (801) 777-3502
Also serves Mt. Home AFB

Hanscom BIMAA

DSN 478-0152
Comm (781) 377-0152

Kirtland BIMAA

DSN 246-2446
Comm (505) 846-2446
Also serves Cannon AFB and Holoman AFB

Robins BIMAA

DSN 497-8338
Comm (478) 327-9338

Tinker BIMAA

DSN 339-4355
Comm (405) 739-4955
Also serves Vance AFB

Wright-Patterson BIMAA

DSN 787-7778
Comm (937) 257-7778

Det 13 - HC

Robins AFB, Ga.
DSN 497-2247
Comm (478) 327-2247

Det 14 - JA

Robins AFB, Ga.
DSN 497-1251
Comm (478) 327-1251

Det 15 - SG

Warner Robins, Ga.
DSN 497-2319
Comm (478) 327-2319

Det 18 - USSOUTHCOM

Miami, Fla.
DSN 567-1360
Comm (305) 437-1360

Det 20 - HQ USACOM

Camp Smith, Hawaii
DSN 315-477-9422
Comm (808) 477-0604

Det 21 - HQ USEUCOM

Stuttgart AB, Germany
DSN 314-430-6467
Comm 011-49-711-680-4533

Det 22 - USCENTCOM

MacDill AFB, Fla.
DSN 651-6946
Comm (813) 827-6619

Det 23 - USSOCOM

MacDill AFB, Fla.
DSN 299-5069
Comm (813) 826-5069

Det 25 - USSTRATCOM

Offutt AFB, Neb.
DSN 271-0245
Comm (402) 294-0245

Det 26 - HQ NORAD US- NORTHCOM

Peterson AFB, Colo.
DSN 692-8054
Comm (719) 554-0854

Det 27 - USAFA

USAF Academy, Colo.
DSN 333-9775
Comm (719) 333-9775